How to Swing Trade

(Figures and Tables)

A Beginner's Guide to Trading Tools, Money Management, Rules, Strategies and Routines of a Swing Trader

> © Brian Pezim, BSc, MBA Preface by Andrew Aziz, Ph.D.

> > Traders at Bear Bull Traders www.bearbulltraders.com

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Chapter 2 – How Swing Trading Works



Figure 2.1 - A chart of LFIN going up like a rocket and illustrating how being short can be much more risky (chart courtesy of StockCharts.com).



Figure 2.2 - A chart of SPY showing stairs up and the window down (chart courtesy of StockCharts.com).



Figure 2.3 - A chart of SHOP after a negative report from Citron (chart courtesy of StockCharts.com).

Chapter 4 – Financial Instruments for Swing Trading





Figure 4.1 - Charts of the Biotechnology ETF LABU versus PUMA showing how important, especially in the biotechnology sector, diversification can be (charts courtesy of StockCharts.com).

Some Select Sector ETFs

| ETF Symbol and Name | Focus of ETF |
|-------------------------|-------------------------|
| SPY | S&P 500 Index |
| XLU Select Sector SPDR | Utilities |
| XLE Select Sector SPDR | Energy |
| XLRE Select Sector SPDR | Real Estate |
| XLP Select Sector SPDR | Consumer Staples |
| XLY Select Sector SPDR | Consumer Discretionary |
| XLV Select Sector SPDR | Health Care |
| XLI Select Sector SPDR | Industrial |
| XLB Select Sector SPDR | Materials (commodities) |
| XLK Select Sector SPDR | Technology |
| XLF Select Sector SPDR | Financial |

Table 4.1 - A list of Select Sector ETFs available to trade.

Some Popular Direxion Funds

| ETF Symbol | Focus of ETF |
|------------|--------------------------------|
| TNA | Russell 2000 Small Cap Bull 3x |
| TZA | Russell 2000 Small Cap Bear 3x |
| NUGT | Gold Miners Index Bull 3x |
| DUST | Gold Miners Index Bear 3x |
| LABU | S&P Biotech Bull 3x |
| LABD | S&P Biotech Bear 3x |
| SOXL | Semiconductor Bull 3x |
| SOXS | Semiconductor Bear 3x |

Table 4.2 - A list of Direxion leveraged ETFs available to trade.





Figure 4.2 - Charts illustrating the performance of the XLK Technology Select Sector SPDR Fund versus the performance of MU during the same period (charts courtesy of StockCharts.com).

Chapter 5 – Risk and Account Management



Figure 5.1 - A chart of XBI illustrating a very good risk to reward ratio for a long trade setup (chart courtesy of StockCharts.com).



Figure 5.2 - A chart of XLV after some negative tweets by US politicians about the pharmaceutical and health care industry (chart courtesy of StockCharts.com).

Chapter 6 – Fundamental Analysis



Figure 6.1 - RIOT announces news on October 2nd, 2017 regarding their shift to blockchain technology (chart courtesy of StockCharts.com).



Figure 6.2 - A chart of KODK following its blockchain news announcement in January 2018 (chart courtesy of StockCharts.com).

Chapter 7 - Technical Analysis - Charting Basics

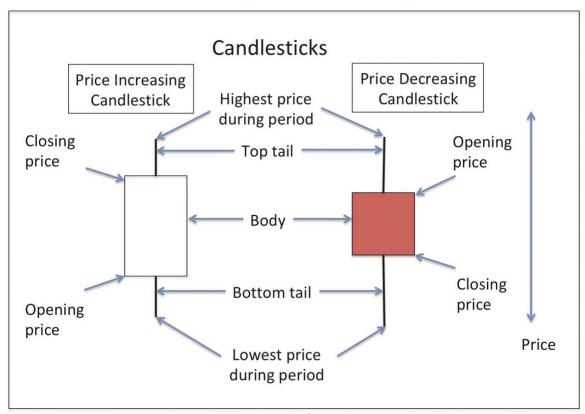


Figure 7.1 - Candlestick examples showing an increasing price and a decreasing price for a single period of time. The color of the candle body can be defined by the chart user to differentiate between a period where the price increases compared to a period where the price decreases.

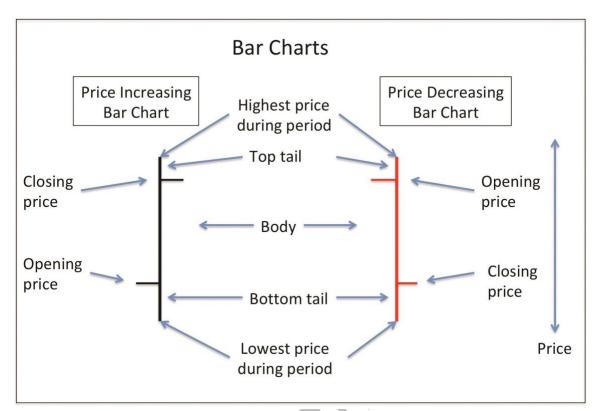


Figure 7.2 - Bar chart examples showing an increasing price and a decreasing price for a single period of time. To help differentiate the bar's direction during a time period, most charts have options that allow the user to define a color for periods where the price increases and a different color for periods when the price decreases. For example, I use green for a price increase and red for a price decrease.

Bullish Candlesticks

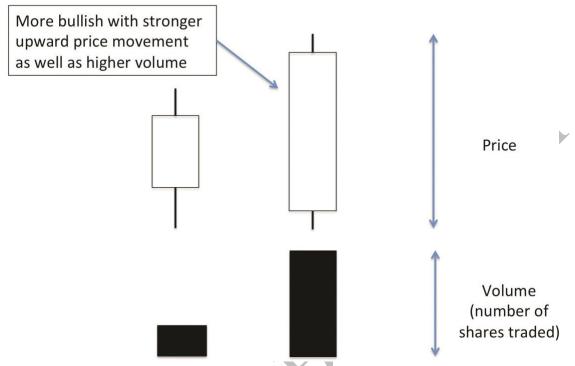


Figure 7.3 - An illustration showing 2 bullish candlesticks. The candlestick on the right is more bullish in comparison to the one on the left. The figure also shows the volume bars underneath the candlesticks with the tall bar representing a larger number of shares traded in comparison to the smaller bar.

Bearish Candlesticks

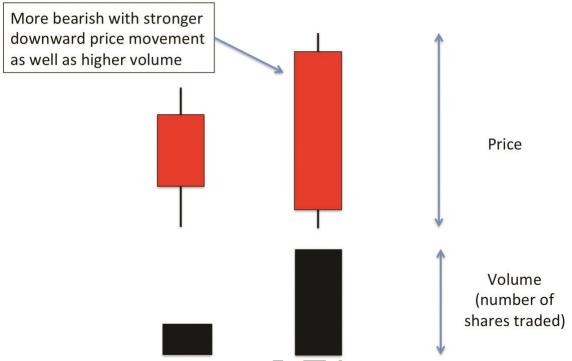
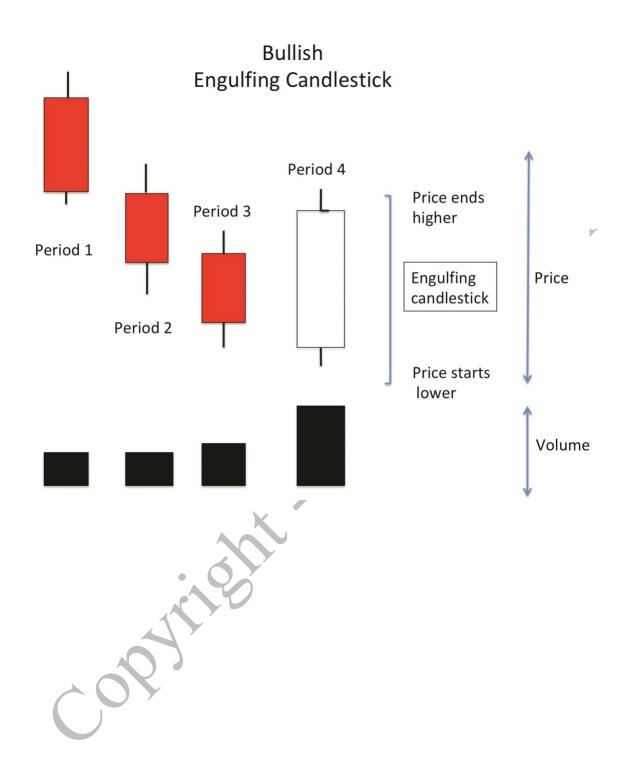


Figure 7.4 - An illustration showing bearish candlesticks. The candlestick on the right is more bearish compared to the one on the left. The figure also shows the volume bars underneath the candlesticks with the tall bar representing a larger number of shares traded in comparison to the smaller bar.



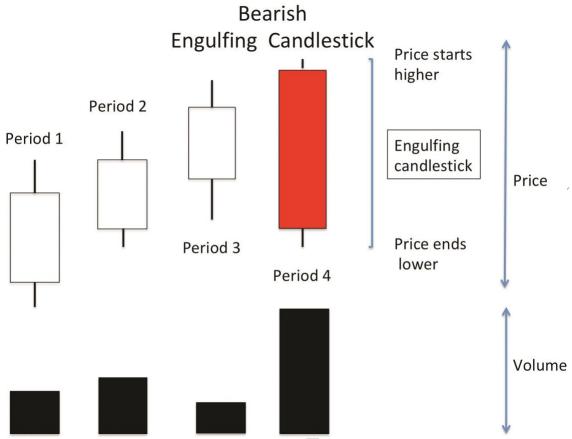


Figure 7.5 – Two illustrations showing a bullish engulfing candlestick and a bearish engulfing candlestick.



Figure 7.6 - A chart of TZA showing an engulfing candle associated with a change in trend. In addition, the chart shows a harami cross, which also indicates a potential change in stock price direction (chart courtesy of StockCharts.com).

Doji Candlesticks

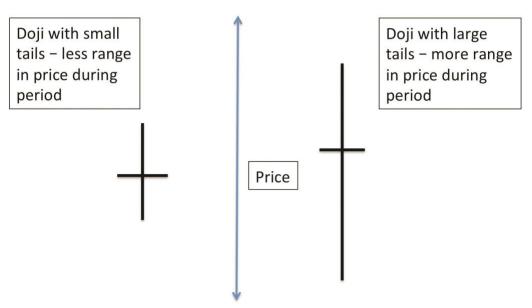


Figure 7.7 - An illustration of doji candlesticks with long and short tails.

Bullish and Bearish Harami Cross Doji

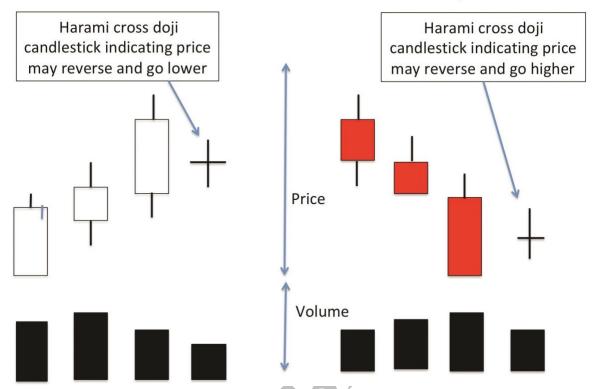


Figure 7.8 - An illustration of a bullish and bearish harami cross.

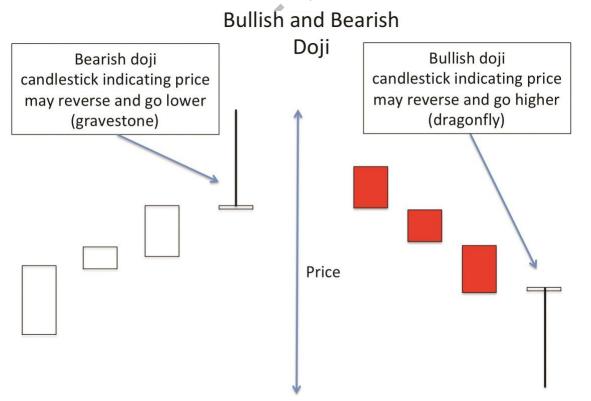


Figure 7.9 - An illustration of gravestone and dragonfly doji candlesticks.



Figure 7.10 - A chart of PFE showing both gravestone and dragonfly doji candlesticks with corresponding stock price reversal action (chart courtesy of StockCharts.com).

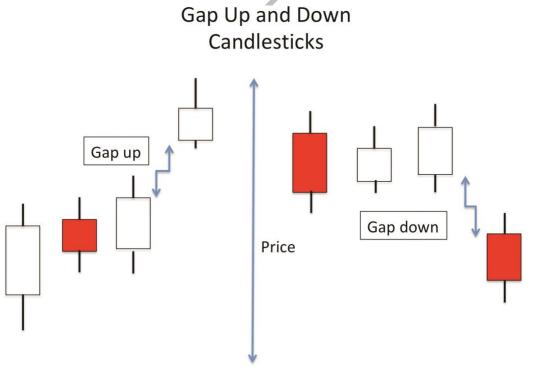


Figure 7.11 - An illustration showing examples of a gap up and a gap down between trading sessions.



Figure 7.12 - A chart of NETE showing the gap up and follow through for several days, followed by a gap and fill (chart courtesy of StockCharts.com).

Chapter 8 - Technical Analysis - Indicator Tools



Figure 8.1 - A chart of SPY that shows both support and resistance levels from February through to April 2018 (chart courtesy of StockCharts.com).



Figure 8.2 - A chart of SLF that shows how levels of support and resistance were respected a number of times in the past (chart courtesy of StockCharts.com).



Figure 8.3 - A chart of AMZN in a long-term uptrend with a break in trend at the end of March 2018 (chart courtesy of StockCharts.com).



Figure 8.4 - A chart of FEYE showing how you could have used levels of support and resistance for entries and exits (chart courtesy of StockCharts.com).



Figure 8.5 - A chart of MU showing the stock price crossing the 20-day SMA and then the 20-day SMA providing support as the price trends higher (chart courtesy of StockCharts.com).



Figure 8.6 - A chart of MU that shows the difference in signals between the 20-day SMA and the 20-day EMA (chart courtesy of StockCharts.com).



Figure 8.7 - A chart of XLP showing a golden cross event where the 50-day SMA crosses the 200-day SMA (chart courtesy of StockCharts.com).



Figure 8.8 - A chart of DDD showing how the RSI reflects future price movements when an overbought signal is given by the indicator (chart courtesy of StockCharts.com).



Figure 8.9 - A chart of the ETF XLP with the MACD and RSI indicators showing a pending price reversal (chart courtesy of StockCharts.com).



Figure 8.10 – A chart of MU showing price action and corresponding changes in the ATR indicator (chart courtesy of StockCharts.com).

Chapter 9 - Technical Analysis - Patterns



Figure 9.1 - A chart of MU showing a double bottom pattern and a double top pattern, both of which indicate a reversal in price action (chart courtesy of StockCharts.com).

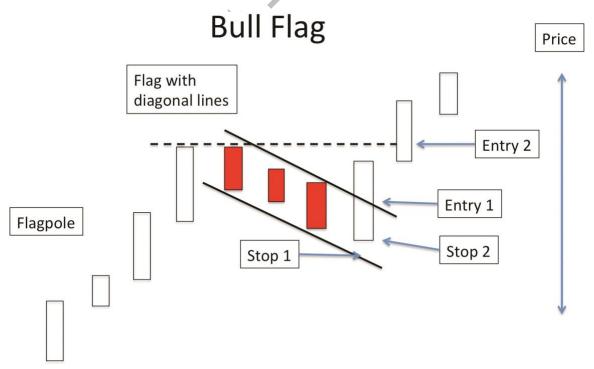


Figure 9.2 - An illustration of a bull flag with various options for entry and stop-loss points shown.

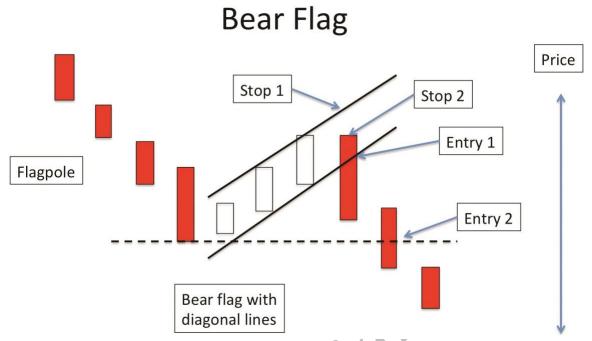


Figure 9.3 - An illustration of a bear flag with various options for entry and stop-loss points shown.



Figure 9.4 - A chart of CAT with both bull and bear flags giving you some options to enter and exit a position in this stock (chart courtesy of StockCharts.com).

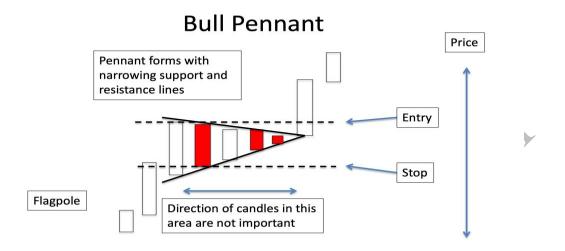


Figure 9.5 - An illustration of a bull pendant pattern.

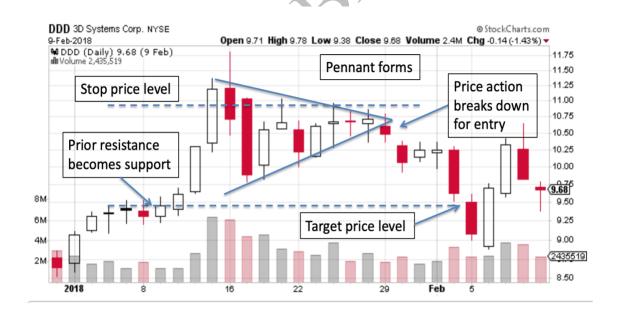


Figure 9.6 - A chart illustrating how a pendant trade on DDD would have worked (chart courtesy of StockCharts.com).

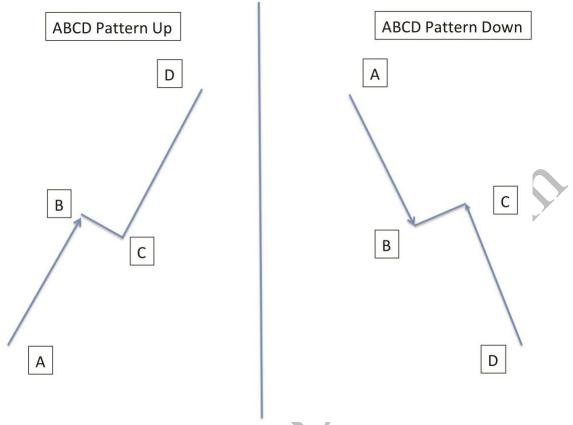


Figure 9.7 - An illustration of 2 ABCD patterns (bearish and bullish).



Figure 9.8 - A chart of AMD illustrating an ABCD pattern (chart courtesy of StockCharts.com).



Figure 9.9 - A chart of AMD illustrating a head and shoulders pattern with neckline (chart courtesy of StockCharts.com).



Figure 9.10 - A chart of CAKE illustrating an inverted head and shoulders bottom with neckline (chart courtesy of StockCharts.com).

Chapter 11 – Swing Trading Rules

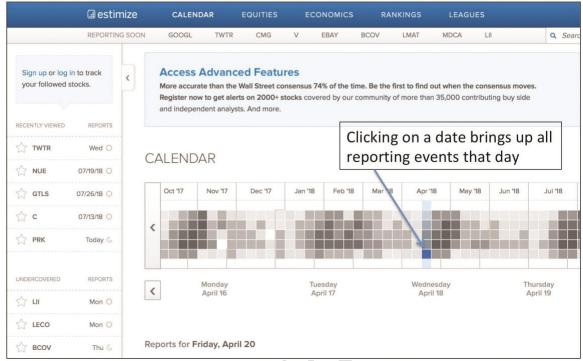


Figure 11.1 – A screenshot of the Estimize website calendar page showing upcoming news releases.



Chapter 12 - Swing Trading Strategies



Figure 12.1 - A screenshot of the Finviz site showing the overall market indicators.

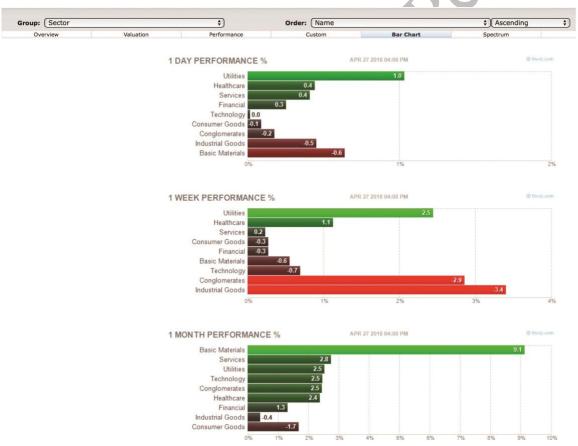


Figure 12.2 - A screenshot of the Finviz Groups tab showing which sectors are in favor and which are out of favor over multiple time frames.

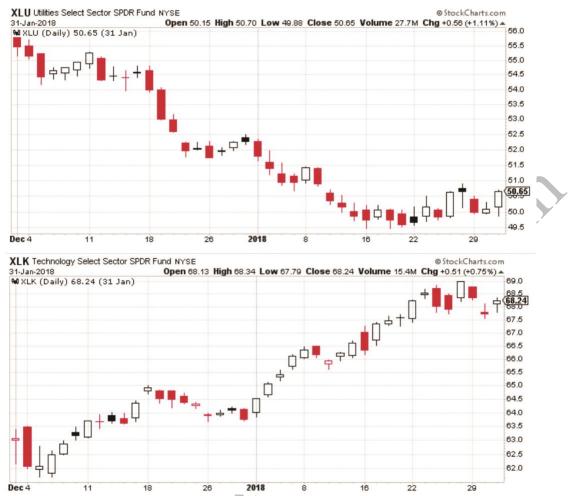


Figure 12.3 - Charts comparing the performance over the same period of time of 2 ETFs, the XLU versus the XLK. Being invested in the right sector can help your trades be profitable (charts courtesy of StockCharts.com).

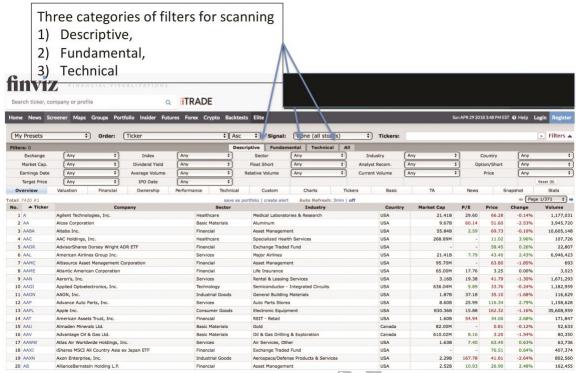


Figure 12.4 - Finviz site Screener page used to filter out stocks for review.



Figure 12.5 - A screenshot of the results of a scan on Finviz. This also illustrates how a chart of each result can be quickly revealed for further examination.

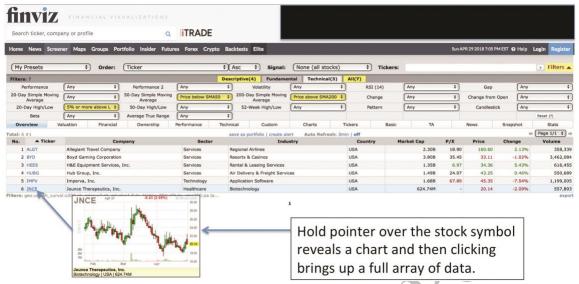


Figure 12.6 - A screenshot of a more detailed analysis of a filtered stock.

SOME EXAMPLE SEARCHES

| SOUTH ENGINE | , | | | | | |
|----------------------|------------------------------|-----------------------------|--|--|--|--|
| Search type | Filters | Other potential filters | | | | |
| Strong uptrending | Stock price above 20-day, | EPS greater than 20%, | | | | |
| stock | 50-day and 200-day SMAs | increasing | | | | |
| | | RSI not over 70 | | | | |
| | | (overbought) | | | | |
| Strong | Stock price below 20-day, | EPS negative and | | | | |
| downtrending stock | 50-day and 200-day SMAs | decreasing | | | | |
| | | RSI not under 30 (oversold) | | | | |
| Reversal trend | Stock price above 20-day, | Float short greater than | | | | |
| down to up | below 50-day and 200-day | 20% | | | | |
| • | SMAs | Dragonfly candle pattern | | | | |
| Reversal trend up to | Stock price below 20-day, | Gravestone candle pattern | | | | |
| down | above 50-day and 200-day | Float short less than 5% | | | | |
| | SMAs | | | | | |
| Reversal trend | Double bottom, engulfing | RSI under 30 | | | | |
| down to up* | candle up, or dragonfly doji | | | | | |
| Reversal trend up to | Double top, engulfing candle | RSI over 70 | | | | |
| down* | down, gravestone doji | | | | | |

Table 12.1 - A table of options for scanning the market for trading setups.

Note *: some scanning tools have the ability to look for a variety of patterns. Finviz has several pattern scans with more available if you subscribe.

Tabs for filter settings include General, Technical and Fundamental

Tabs for filter settings include General, Technical and Fundamental

Stock Screener and Charts Analyza Shared Screens Documentation More Ticker or list ... Mill Chart(s)

Log In Register

Stock Screener Settin General Technical More Technical Support/Resistance/Channels Flags/Pernants Fundamental Historical Date Market Cap Price Average Volume Exchange Index

Today \$\data\$ all \$\data\$

Figure 12.7 - A screenshot illustrating the ChartMill.com web page for scanning and filtering stock trading opportunities.



Figure 12.8 - A chart of WMT showing gaps in price from a close one day to the open on the following trading day (chart courtesy of StockCharts.com).



Figure 12.9 - A chart of WEED.TO illustrating how money poured into the shares of this company associated with a new hot sector (chart courtesy of StockCharts.com).

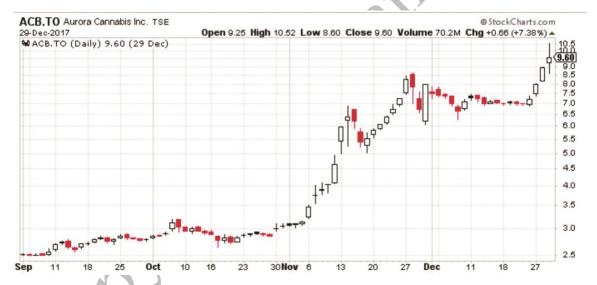


Figure 12.10 - A chart of ACB.TO illustrating another hot sector marijuana play (chart courtesy of StockCharts.com).

Chapter 13 - The Entry and the Exit



Figure 13.1 - A chart of TTD illustrating how a scaling technique could have worked out profitably (chart courtesy of StockCharts.com).

Chapter 14 – The Routine of a Swing Trader

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| all | | BEAR TRAI | BULL | | | | | | | | | | | | | |
| SWING TRADING JOURNAL | | | | Ĭ | | | | | | | | | | | | |
| DATE | STOCK | MARKET INTERNALS | | REASONING | SECTOR PERFORM | RSI | MACD | CHECK FOR UPCOMING EVENTS | ENTRY PRICE \$ | STOP OUT PRICE \$ | TARGET PRICE \$ | REWARD/ RISK >2 | | ACTUAL EXIT | PROFIT LOSS | COMMENTS (SCAN USED, WHAT DID AN DIDN'T WORK, IMPROVEMENTS FOR NEXT TIME ETE.) |
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Figure 14.1 - An example of a spreadsheet based trade journal that you can use to record and review trades.